

# IELTS Speaking Topics

## Topic: Food

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# Instructions for Taking the Test

Read the rules and regulations carefully before taking the test:

1. Set aside 11-14 minutes in a quiet room with no interruptions.
2. Use a recording device or ask a partner/tutor to act as the examiner.
3. Follow the test structure exactly:
  - **Part 1:** Introduction & general questions (4–5 minutes)
  - **Part 2:** Long turn – 1-minute prep, 1–2 minutes speaking
  - **Part 3:** Discussion – deeper questions related to Part 2 (4–5 minutes)
4. Time yourself strictly. Do not exceed the speaking limits.
5. Review your recording after the test to assess yourself.
6. Practice with multiple topics to improve fluency and confidence.

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# Speaking Topic 1 - Food

## Part 1 - Interview Section

### 1. What is your favourite dish?

There are numerous dishes to choose from, all of which are delectable due to the restaurant's inclination. Most importantly, I enjoy Mexican food.

### 2. Have you always had a preference for the same foods?

I don't believe I eat the same type of food all year because I prefer to eat different foods as the seasons and meteorology change.

### 3. Do you have any food preferences?

Well, I enjoy all types of food, including habitual and fast food. As a result, there is no food that I dislike.

### 4. Can you describe a typical meal in your country?

Rice is a favourite food of all tribes in my home country of Nigeria. Every country prepares it in a unique way.

### 5. Are you eating a healthy diet?

Yes, I am a health-conscious individual, so I always try to consume healthy foods such as fruits and exotic vegetables. I also prepare a balanced diet chart that I adhere to on a daily basis.

### 6. How do you feel about fast food?

To be honest, I enjoy fast food and believe that everyone else does as well, because eating home-cooked meals on a daily basis is difficult.

### 7. Which meal of the day do you consider to be the most important?

Breakfast is consistently referred to as the most important meal of the day in my opinion. It gives us energy for the day. I believe that eating high-calorie, nutritious foods for breakfast will boost our energy and metabolism throughout the day.

## Part 2 - Cue Card

### 1. Describe a cafe you like to visit

**You should say:**

- Where is it?
- What kinds of food and drinks does it serve?
- What do you do there?
- And explain why you like to go there?

**Model Answer****Introduction:**

In this hectic society, people are under pressure for various reasons. Likewise, I like to have coffee whenever I feel stressed. It will change my mood and I will feel better.

**Where is it?**

The Brew Room is the name of the cafe I recently visited in Chennai. Moreover, it is famous for its world's best coffee. I had a wonderful experience when I went there for my coffee.

**What kinds of food and drinks does it serve?**

They have a fantastic menu that includes numerous varieties of coffee, tea, sweets, shakes, and other foods. That day, I was quite stressed. So, I've decided to have coffee. I tried Ice Berg Coffee. Honestly speaking, it was absolutely delicious.

**What do you do there?**

The Brew Room is an outdoor cafe with a beautiful garden and a lotus pond. I felt very relaxed and calm while sitting outdoors and having my coffee. That was a beautiful evening I spent.

**And explain why you like to go there?**

In fact, I am an introverted person who prefers to spend time alone and also I am a coffee lover. Thus, The Brew Room is the ideal setting for spending quality time to get rid of stress and get some peace of mind.

**Conclusion:**

To conclude, The Brew Room is the recent cafe which I like most and desire to visit again.

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## 2. Describe a dinner you really enjoyed.

### You should say:

- When was it?
- What did you eat?
- Who you were with?
- Why did you enjoy it?

### Model Answer

#### Introduction

We have attended many functions and celebrations in our life and food is the main part of any function. I once attended a function that I can still remember.

#### When was it?

This was during a party I attended hosted by my friends who got a job. They invited me to this party as they were giving a treat to their friends because they got a high-paying job. The party started at 8 pm.

#### What did you eat?

There were a lot of counters for different types of foods. They also served drinks before we started eating. I had pizzas, burgers, pasta, noodles and also some drinks. I saw many varieties of fried Indian food. But I was not able to take it because I was full already.

#### Who you were with?

I was with my school friends as it was the party held by my friends from school. I arrived there with 3 of my friends who stayed near my house and met the rest of my friends at the party hall.

#### Why do you enjoy it?

I never had seen such a variety of foods all at once and everything I had was delicious. I also enjoyed the drinks and felt that it was the best dinner I have ever had.

#### Conclusion

It is common for all of us to attend parties and celebrations. But there are some celebrations that we really enjoy and stay in our minds later on.



## Part 3 - Follow-up Questions

### 1. What kind of people would like to go to a cafe?

Mainly coffee lovers, food lovers, or those who want to explore new places will go to cafes. Most people go there to experience a new change in their busy lives. Nowadays, most young people treat their friends there for birthdays or any other special occasion. Likewise, there are plenty of people who go to cafes for different reasons.

### 2. Why do young people like studying in a cafe instead of at home?

In my opinion, they need a change of atmosphere. While studying at home, they might get sick of being in the same place, same atmosphere. Moreover, they may be disturbed by a family member or others. Studying at a cafe has fewer distractions.

### 3. Do older people like to drink coffee?

Age doesn't matter for the coffee craze. In fact, senior citizens prefer coffee more than youngsters these days. However, it depends on their likes and dislikes. Some older people will avoid coffee if they may have diabetes or if they have sleep problems.

### 4. Do Indian people like to drink coffee?

The majority of Indian people prefer tea to coffee. Usually, they drink tea twice a day, morning and evening. However, there are some people in India who like to have coffee. Be it coffee or tea it depends on their preferences.

### 5. Does the taste of coffee vary by country?


The taste and flavour of coffee vary from country to country depending on the different coffee making methods, soil, climate, and different agriculture. Therefore, the taste of coffee varies slightly depending on the area in which it is produced.




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