

IELTS Speaking Topics

Topic: Sports



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Instructions for Taking the Test

Read the rules and regulations carefully before taking the test:

1. Set aside 11-14 minutes in a quiet room with no interruptions.
2. Use a recording device or ask a partner/tutor to act as the examiner.
3. Follow the test structure exactly:
 - **Part 1:** Introduction & general questions (4–5 minutes)
 - **Part 2:** Long turn – 1-minute prep, 1–2 minutes speaking
 - **Part 3:** Discussion – deeper questions related to Part 2 (4–5 minutes)
4. Time yourself strictly. Do not exceed the speaking limits.
5. Review your recording after the test to assess yourself.
6. Practice with multiple topics to improve fluency and confidence.

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Speaking Topic 1 - Sports

Part 1 - Interview Section

1. Do you like sport?

Yes, I do. It's the only way I can relieve stress and get significantly healthier. Also, it's my favourite way to meet new people and have fun with other people. So, yes, for sure.

2. Do you play any sports?

Certainly not as much as I need to. These days, my work schedule leaves very little time for leisure activities. On Sundays, I usually spend a couple of hours playing cricket, while on other days, I'll play football.

3. Have you played Cricket for a long period of time?

Since I was around 6 years old. CRICKET-07, a computer game on cricket that I played, made me obsessed with the sport. After that, I played cricket every day until I began working, where at a point other things took priority, although I regret not continuing because it was something I loved.

4. Do you watch sports on TV?

Yes I do watch sports on TV. My favourite sport to watch on television is cricket. I am a fan of the Indian cricket team. I enjoy watching it on television, especially the World Cup and India vs. Pakistan match.

5. What sports do people in your nation enjoy playing?

I adore cricket, which is arguably the most popular sport in my nation. The entire nation takes pleasure in this sport as if it were in our blood. It can be seen that on sundays, there will be many young people playing cricket on the playgrounds.



6. How do people in your country stay fit?

People in my country are blessed with lovely surroundings and a pleasant temperature, therefore the majority of people jog. Many young people participate in field sports, but an increasing number are enrolling in gyms. In recent years, gyms have flourished as people have become increasingly concerned about their appearance. I believe it has much less to do with fitness and much more to do with appearance.

7. Is it important for children to play sports?

Certainly. In addition to keeping kids healthy, sport teaches them discipline and keeps them out of trouble. In my class, for instance, those who were committed to sports also earned the highest grades and went on to elite universities where they continued to work hard.

8. What types of exercise do you perform?

Personally, I engage in conditioning workouts such as squats or swimming to enhance my fitness levels. And endurance, and cardio exercises to enhance my flexibility, build muscle strength, and improve my posture.

9. What kind of exercises are popular in your country?

Well, I believe that cardiovascular, weight and mobility activities are the most popular forms of athletic training in my country. I believe this is because they help people burn fat, develop muscle, improve posture, and achieve maximum heart and lung health.

10. Do you like extreme sports?

Extreme sports assist me in overcoming my concerns, expanding my own boundaries, strengthening my self-affirmation, and preparing me for life's physical threats.

11. Who is your favourite sports star?

Well, there's no question about it: it's Mahendra Singh Dhoni. He has a record for being the best captain in the history of cricket. I adore his cricketing style because of his natural leadership abilities, his cool temperament, and the innovative ways he plays the game. I also like his impeccable manners and exceptional patience in distributing his many commitments in day-to-day life. I find both of these qualities commendable.

12. Do you believe that there is an excessive amount of sport shown on television in your country?

In recent years, many athletic events have been organized, and some are ongoing. Premier Leagues are also organized today. IPL is held annually, Pro Kabaddi quarterly, and International Cricket frequently. There are many global sports networks on TV. In conclusion, there are too many sports on TV.



Part 2 - Cue Card

1. Describe a puzzle you have played

Model Answer

Introduction:

It is hard to find someone who despises playing games. Similarly, I have loved playing games since my childhood. I like outdoor as well as indoor games. In particular, I like to play games like solving puzzles, they are very interesting and challenging to solve.

What is it like?

I used to play many puzzle games since my childhood. However, Rubik's cube is my all-time favourite puzzle. It is a combination puzzle with three dimensions. Each of the six faces of the Rubik's cube is represented by unique colors like white, yellow, red, blue, orange, and green.

How easy or difficult is it?

The Rubik's cube is a colourful row and column puzzle that has a total of 27 tiny cubes. Rows and columns must be adjusted to match up with similar colours in order to solve this problem. It is the hardest puzzle, in fact. To solve this puzzle, some calculations, tricks, and more practice are required.

How long does it take you to solve it?

Initially, I simply tried to solve Rubik's cube puzzle. But I failed to solve it. I tried a number of times but it never happened. Then I decided to know the actual calculation and tricks to solve it. I learned the steps, tricks, and calculations by watching tutorial videos on YouTube, Then I practiced again and again. Finally, I solved it.

And how do you feel about it?

The puzzle is definitely tough enough. However, finally, with a lot of effort and after numerous failed attempts, I solved it. I was quite happy that I didn't give up and kept trying to find a solution. I excitedly told my family and friends about this.

Conclusion:

Solving Rubik's cube helps us to overcome stress and depression. Even in many schools, the Rubik's Cube is one of the activities for students' brain development.

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2. Describe A Famous Athlete You Know

You should say

- What is it like?
- How easy or difficult is it?
- How long does it take you to solve it?
- And how do you feel about it?

Introduction:

It is hard to find someone who despises playing games. Similarly, I have loved playing games since my childhood. I like outdoor as well as indoor games. In particular, I like to play games like solving puzzles, they are very interesting and challenging to solve.

What is it like?

I used to play many puzzle games since my childhood. However, Rubik's cube is my all-time favourite puzzle. It is a combination puzzle with three dimensions. Each of the six faces of the Rubik's cube is represented by unique colors like white, yellow, red, blue, orange, and green.

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Part 3 - Follow-up Questions

1. Why do parents let their children play with puzzles?

Puzzle solving challenges develop the children's brain activity, development, memory skills, and so on. So, many parents let their children play with puzzles. When doing this activity, they will learn to plan, test their ideas, and finally improve their problem solving skills. In my opinion, it is better to allow children to play with puzzles than to play on a mobile phone.

2. What kind of puzzles improve people's intelligence?

Solving puzzles increases IQ score, memory power, focus, vocabulary, problem-solving skills, etc. It is an effective way to exercise our brain and also keep our minds active and sharp. There are numerous puzzles like Crossword, Rubik's cube, Jigsaw, Sudoku, etc. that help to improve intelligence and various skills.

3. Why are detective stories attractive to people?

Detective stories are full of thrills, crimes, and murder mysteries. This allows people to increase their interest in knowing the killer or the ending of the story. It is natural for humans to be curious about mysteries. It attracts people to detective stories/movies/novels.

4. Which do you think is better? A detective movie or its original novel?

Books have the potential to enhance your imagination and reading ability. However, the movies do not allow people to think much and the comparison with the original novel movies does not provide in-depth information about the story. Books are more comprehensive than movies and improve the reader's language skills.

5. Which age group plays puzzles the most?

There are various puzzle games in three levels, easy, medium and difficult. Most people like to play puzzles. Adults do not have time to play because it is a time consuming game. However, some find their time to play the puzzle. The maximum age for playing puzzles is 6-7 and 8-9 years. Personally, solving puzzles is a worthwhile activity for both children and adults.



3. What happens when young people lack good role models?

If young people lack positive role models, it is likely that they get increasingly confused about the responsibilities they should play in their families and communities over time. Moreover, without strong and positive role models, young people are extremely vulnerable to evil elements of our society. As a result, our society will be forced to deal with generations of youth devoid of morals and values, who will bring nothing but disorder, crime, and civil unrest.

4. What standards of behaviour should teachers set?

Teachers continue to be among the most esteemed and respected people of our society due to their immense contribution to the nation's development. Therefore, it should be the responsibility of our instructors to model appropriate behaviour for themselves and for their students by teaching discipline, good moral values, honesty, the value of hard work, and respect. With these behaviour standards, we can expect to construct an ideal and functional society in which we can live and coexist in harmony.

5. What benefits does a famous person get that ordinary people cannot?


A famous individual receives numerous advantages that we commoners do not. They receive preferential treatment everywhere they go. Moreover, when you attain fame, you will become wealthy far more quickly than we will. Thus, your fantasies of possessing luxurious homes, automobiles, presents, and clothing become a reality. Lastly, when you are famous, everyone recognises you, and you typically have many admirers and followers who will do almost everything to obtain your attention.




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